



AUTHORIZATION FOR RELEASE/EXCHANGE OF CONFIDENTIAL INFORMATION

Clinical and Sport Psychology Services

UNIVERSITY OF MARYLAND, DEPARTMENT OF INTERCOLLEGIATE ATHLETICS

1601 XFINITY Center | 301-405-5155

CLIENT NAME: _____ DATE: _____

DATE OF BIRTH: _____ STUDENT ID# _____

I give my authorization and permission for the Clinical and Sport Psychology Services Staff to
_____ release _____ obtain _____ two-way exchange

information related to my mental health/sport performance treatment with the following office/persons as indicated in this request. I understand that the information provided will be used only in the manner intended and will include only the specific information requested.

- | | |
|------------------------------|--------------------------------|
| _____ Coaching Staff | _____ University Health Center |
| _____ Athletic Training | _____ Counseling Center |
| _____ Sports Nutrition Staff | _____ Team Physician |
| _____ Parent | _____ Other: |

Information Requested to be Provided:

- | | |
|--------------------------|---------------------------------|
| _____ Session Attendance | _____ Treatment Summary |
| _____ Progress Report | _____ Treatment Recommendations |
| _____ Other: | |

Purpose of Request:

- | | |
|--|-------------------------------|
| _____ Coordination of Care | _____ Treatment Planning |
| _____ Verify Session Attendance | _____ Facilitating Referral |
| _____ Notification of Treatment Progress | _____ Administrative/Academic |
| _____ Other: | |

I acknowledge that I have read and received a copy of this form, had an opportunity to ask questions, and fully understand the nature of this authorization. I specifically authorize disclosure of this confidential information to the person(s) listed above. I understand that this authorization is voluntary and I may cancel it at any time with written notice to my provider except to the extent that Sport Psychology Services has already taken actions in reliance on it. I understand that Sport Psychology Services cannot refuse to treat me if I do not agree to this release and that any information re-disclosed by the persons receiving it may no longer be protected by the privacy laws. This authorization will be included in my records and will automatically expire one year from the date of signature or on _____.

PRINTED NAME: _____ DATE: _____

SIGNATURE: _____