



# Leptospira

*(to be carried at all times and presented to medical personnel in the event of exposure)*

## FRONT

### Leptospira

#### IMPORTANT INFORMATION FOR EMERGENCY PERSONNEL

The individual carrying this card works in a laboratory with Leptospira, and may have come into contact via ingestion; accidental parenteral inoculation; direct contact of skin or mucous membranes with cultures or infected tissues or body fluids (especially urine); or inhalation of aerosols of contaminated fluids.

*Note: This card is intended to be informational and should not substitute for clinical presentation and provider judgment of individual clinical cases.*

## BACK

### MEDICAL ALERT INFORMATION

The person carrying this card has an occupational exposure to Leptospira. Immediately call Occupational Health at [301.405.3315](tel:301.405.3315)

#### COMMON SYMPTOMS

- Incubation period 2-30 days (typically 5-14 days)
- Mostly asymptomatic, but symptoms could include headaches, fever, chills, muscle aches, vomiting, jaundice, abdominal pain, diarrhea (fetal complications in pregnant people)

#### POST-EXPOSURE TREATMENT

- Thoroughly wash any skin wounds with soap and water and/or flush eyes or other affected mucous membranes with water
- If no contraindication, one-time dose of doxycycline 200 mg orally as soon as possible