



# Neisseria meningitidis

(to be carried at all times and presented to medical personnel in the event of exposure)

## FRONT

### Neisseria meningitidis

#### IMPORTANT INFORMATION FOR EMERGENCY PERSONNEL

The individual carrying this card works in a laboratory with Neisseria meningitidis and may have come into contact via accidental parenteral inoculation, exposure of mucous membranes to infectious droplet nuclei or aerosols, or ingestion.

*Note: This card is intended to be informational and should not substitute for clinical presentation and provider judgment of individual clinical cases.*

## BACK

### MEDICAL ALERT INFORMATION

The person carrying this card has an occupational exposure to Neisseria meningitidis. Immediately call Occupational Health at **301.405.3315**

#### COMMON SYMPTOMS

- Incubation period 2-10 days (avg 2-4 days)
- Presenting symptoms
  - Mild sore throat
  - Fever, severe headache, stiff neck

#### POST-EXPOSURE TREATMENT

- Thoroughly wash any skin wounds with soap and water and/or flush eyes or other affected mucous membranes with water
- Treat as soon as possible (ideally within 24 hours of exposure) with one of the following:
  - Oral rifampin (10 mg/kg [max 600 mg] orally twice daily, for 2 days)
  - Intramuscular ceftriaxone (250 mg, single-dose)
  - Oral ciprofloxacin (20 mg/kg [max 500 mg] orally, single-dose)