



E. Coli (enterohemorrhagic)

(to be carried at all times and presented to medical personnel in the event of exposure)

FRONT

E. Coli (enterohemorrhagic)

IMPORTANT INFORMATION FOR EMERGENCY PERSONNEL

The individual carrying this card works in a laboratory with enterohemorrhagic E. coli, and may have come into contact with the bacteria via accidental ingestion or percutaneous exposure.

Note: This card is intended to be informational and should not substitute for clinical presentation and provider judgment of individual clinical cases.

BACK

MEDICAL ALERT INFORMATION

The person carrying this card has an occupational exposure to enterohemorrhagic E. coli. Immediately call Occupational Health at **301.405.3315**

COMMON SYMPTOMS

- Incubation period 2-8 days (median 3-4 days)
- Initially watery, then bloody diarrhea; abdominal pain; possible low-grade fever
- Potential for hemolytic-uremic syndrome (HUS) or thrombocytopenic purpura (TTP)

POST-EXPOSURE TREATMENT

- Thoroughly wash any skin wounds with soap and water and/or flush eyes or other affected mucous membranes with water
- TMP-Sulfa and Bismuth subsalicylate may be considered to help reduce risk of developing symptomatic disease
- If symptomatic, oral or IV hydration as needed