



HIV (Human Immunodeficiency Virus)

(to be carried at all times and presented to medical personnel in the event of exposure)

FRONT

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IMPORTANT INFORMATION FOR EMERGENCY PERSONNEL

The individual carrying this card works in a laboratory with HIV, and may have come into contact via needlestick, contaminated sharp objects, and/or direct contact of non-intact skin or mucous membranes with HIV-infected specimens/tissues.

Note: This card is intended to be informational and should not substitute for clinical presentation and provider judgment of individual clinical cases.

BACK

MEDICAL ALERT INFORMATION

The person carrying this card has an occupational exposure to HIV.
Immediately call Occupational Health at [301.405.3315](tel:301.405.3315)

COMMON SYMPTOMS

- Incubation period usually 1-3 months to antibody detection
- Acute infection accompanied by non-specific "flu-like" and "mononucleosis-like" symptoms such as:
 - Myalgia, arthralgia,
 - Diarrhea, nausea, vomiting,
 - Headache

POST-EXPOSURE TREATMENT

- Thoroughly wash any skin wounds with soap and water and/or flush eyes or other affected mucous membranes with water
- Baseline serology: HIV Ag/Ab or HIV Ab
- Treatment (if recommended):
 - Truvada™ 1 tablet by mouth once daily PLUS
 - Raltegravir (Isentress®; RAL) 400mg by mouth twice daily
- OR
- Dolutegravir (Tivicay™; DTG) 50mg by mouth once daily
- Duration: 28 days