Leptospira

(to be carried at all times and presented to medical personnel in the event of exposure)

**FRONT**

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<th>Leptospira</th>
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<td>IMPORTANT INFORMATION FOR EMERGENCY PERSONNEL</td>
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The individual carrying this card works in a laboratory with Leptospira, and may have come into contact via ingestion; accidental parenteral inoculation; direct contact of skin or mucous membranes with cultures or infected tissues or body fluids (especially urine); or inhalation of aerosols of contaminated fluids.

*Note: This card is intended to be informational and should not substitute for clinical presentation and provider judgment of individual clinical cases.*

**BACK**

<table>
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<th>MEDICAL ALERT INFORMATION</th>
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The person carrying this card has an occupational exposure to Leptospira. Immediately call Occupational Health at 301.405.3315

**COMMON SYMPTOMS**
- Incubation period 2-30 days (typically 5-14 days)
- Mostly asymptomatic, but symptoms could include headaches, fever, chills, muscle aches, vomiting, jaundice, abdominal pain, diarrhea (fetal complications in pregnant people)

**POST-EXPOSURE TREATMENT**
- Thoroughly wash any skin wounds with soap and water and/or flush eyes or other affected mucous membranes with water
- If no contraindication, one-time dose of doxycycline 200 mg orally as soon as possible