



Leptospira

(to be carried at all times and presented to medical personnel in the event of exposure)

FRONT

Leptospira

IMPORTANT INFORMATION FOR EMERGENCY PERSONNEL

The individual carrying this card works in a laboratory with Leptospira, and may have come into contact via ingestion; accidental parenteral inoculation; direct contact of skin or mucous membranes with cultures or infected tissues or body fluids (especially urine); or inhalation of aerosols of contaminated fluids.

Note: This card is intended to be informational and should not substitute for clinical presentation and provider judgment of individual clinical cases.

BACK

MEDICAL ALERT INFORMATION

The person carrying this card has an occupational exposure to Leptospira. Immediately call Occupational Health at [301.405.3315](tel:301.405.3315)

COMMON SYMPTOMS

- Incubation period 2-30 days (typically 5-14 days)
- Mostly asymptomatic, but symptoms could include headaches, fever, chills, muscle aches, vomiting, jaundice, abdominal pain, diarrhea (fetal complications in pregnant people)

POST-EXPOSURE TREATMENT

- Thoroughly wash any skin wounds with soap and water and/or flush eyes or other affected mucous membranes with water
- If no contraindication, one-time dose of doxycycline 200 mg orally as soon as possible