Neisseria meningitidis
(to be carried at all times and presented to medical personnel in the event of exposure)

FRONT

**Neisseria meningitidis**

**IMPORTANT INFORMATION FOR EMERGENCY PERSONNEL**

The individual carrying this card works in a laboratory with Neisseria meningitidis and may have come into contact via accidental parenteral inoculation, exposure of mucous membranes to infectious droplet nuclei or aerosols, or ingestion.

*Note: This card is intended to be informational and should not substitute for clinical presentation and provider judgment of individual clinical cases.*

BACK

**MEDICAL ALERT INFORMATION**

The person carrying this card has an occupational exposure to Neisseria meningitidis. Immediately call Occupational Health at 301.405.3315

**COMMON SYMPTOMS**
- Incubation period period 2-10 days (avg 2-4 days)
- Presenting symptoms
  - Mild sore throat
  - Fever, severe headache, stiff neck

**POST-EXPOSURE TREATMENT**
- Thoroughly wash any skin wounds with soap and water and/or flush eyes or other affected mucous membranes with water
- Treat as soon as possible (ideally within 24 hours of exposure) with one of the following:
  - Oral rifampin (10 mg/kg) (max 600 mg) orally twice daily, for 2 days
  - Intramuscular ceftriaxone (250 mg, single-dose)
  - Oral ciprofloxacin (20 mg/kg [max 500 mg] orally, single-dose)